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Excitonic lasing of strain-free InP(As) quantum dots in AlInAs microdisk

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Formation, emission, and lasing properties of strain-free InP(As)/AlInAs quantum dots (QDs) embedded in AlInAs microdisk (MD) cavity were investigated using transmission electron microscopy and photoluminescence (PL) techniques. In MD structures, the QDs have the nano-pan-cake shape with the height of ~ 2 nm, the lateral size of 20–50 nm, and the density of $\sim 5 \times 10^9$ cm⁻². Their emission observed at ~ 940 nm revealed strong temperature quenching, which points to exciton decomposition. It also showed unexpected type-I character, indicating In-As intermixing as confirmed by band structure calculations. We observed lasing of InP(As) QD excitons into whispering gallery modes in MD having the diameter of ~ 3.2 μ m and providing a free spectral range of ~ 27 nm and quality factors up to $Q \sim 13\,000$. Threshold of ~ 50 W/cm² and spontaneous emission coupling coefficient of ~ 0.2 were measured for this MD-QD system. *Published by AIP Publishing.*
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The demonstration of the semiconductor microdisk (MD) cavity laser design¹ and realization of quantum dot (QD) active media in MDs^{2–4} have generated a versatile monolithic solid-state nano-phonic platform which has been intensively developed during a few decades. Thanks to the flexibility of using different material systems,^{5–12} research topics covered fundamental themes on cavity quantum electrodynamics,^{5,13,14} cavity spin dynamics,¹⁵ and quantum optics¹⁶ together with device applications including single photon sources,¹⁷ creation and optimization of laser diodes,^{18,19} micro-phonic circuits,^{20,21} and mode control.²²

The MD-QD platform jointly exploits the properties of cavity whispering gallery modes (WGMs) propagating along the disk circumference, and the discrete, atomic-like energy spectrum of QDs which arises from electron and hole quantum confinement. This system offers very high cavity quality factors (e.g., up to 10^5 in Ref. 12). It also allows for easy fabrication and photonic circuit integration procedures with a strong localization of the excitonic and electron-hole recombination transitions, which provides screening from non-radiative and interface defects, together with the high temperature operation and spectral stability. High optical gain of epitaxial QDs delivered nanoWatt laser threshold²³ and single dot lasing.²⁴ All in a wide spectral range from ultra-violet (310–360 nm) for GaN/AlN^{10,11,25} QDs to infrared (1400 and 1600 nm) for InAs/GaAs¹⁴ and Ge/Si⁷ QDs. Other material systems emitting inside this range are self-organized InGaIn/GaN,¹² CdSe/ZnSe,⁶ InP/GaInP,^{5,26} and GaAs/GaSb⁹ QDs, and lattice-matched GaAs/AlGaAs QDs resulting from fluctuations in the quantum well thickness.

Recently, unusual nanostructures of *lattice matched* InP on AlInAs were reported.²⁷ They are characterized as flat QDs having a height of 8 nm, lateral size of 20–250 nm, and

density of $\sim 10^8$ cm⁻². They were observed by atomic force microscopy after the deposition of a few nm thick InP on an AlInAs layer using metal organic vapor-phase epitaxy (MOVPE). These QDs have a combination of interesting features, which are new for the MD-QD system and can be exploited for device application and the fundamental research. First, they are expected to have a type-II band alignment,^{27,29} previously studied, for example, in GaAs/GaSb⁹ QDs. Second, they have a large size, which has the potential to provide extremely strong photon-matter interaction⁵ and low laser thresholds.²³ Finally, they can provide an easy stacking due to the lattice-matched conditions, which give an additional possibility to engineer the active media. Open questions for using these QDs in MD cavities, however, stay with their structural uniformity—etching experiments have shown the presence of As at the QD center, with effects of the P-As inter-mixing during capping to form the waveguide and with fundamentally poorly characterized emission properties till now.

Here, we report on structural and photoluminescence (PL) spectroscopy studies of these QDs embedded in 250 nm thick waveguide structures, and on the lasing properties of the MDs fabricated from these structures. We also used the band structure calculation to estimate/identify the supposed In-As intermixing. We found that capping of these QDs leads to a decrease in their overall height down to 2 nm, forming an array of QDs having lateral sizes of 20–50 nm and the density of $\sim 5 \times 10^9$ cm⁻². These QDs show a very strong emission peak at ~ 940 nm at 10 K with the photoluminescence decay lifetime of ~ 1 ns, strongly indicating type-I band alignment. This probably results from As intermixing. This is supported by our calculations which suggest an As content of $\sim 25\%$.

The QD emission is strongly quenched at higher temperature, indicating excitonic emission. For the MDs, we observed WGM lasing at temperatures <120 K having threshold of ~ 50 W/cm² at 10 K. We obtained quality factors of $\sim 13\,000$ and spontaneous emission coupling coefficient $\beta = 0.25$.

The details of the MOVPE growth process are described in Ref. 27. Here, we used a semi-insulating InP substrate and grew a 100 nm thick InP buffer layer and 250 nm thick AlInAs waveguide having InP QDs in the middle. The AlInAs bottom layer was grown at a temperature of 600 °C and the cap at 560 °C (real estimated growth temperature) and with a growth rate of ~ 1 μ m/h; thus, the overgrowth of the InP QDs by a 125 nm thick AlInAs cap continued for ~ 7.5 min. V/III ratio was 110. We used undoped and n-type doped AlInAs layers. The n-type doping was achieved by $\sim 3 \times 10^{17}$ cm⁻³ silicon doping of 20 nm part of AlInAs at a distance of 20 nm from QDs. In preliminary studies, we also used structures having a thin AlInAs cap of ~ 25 nm with the same overall structure.

For cross-section transmission electron microscopy (TEM) measurements (see Fig. 1(a)), we used a FEI Titan 80–300 electron microscope. TEM samples were prepared by the Focus Ion Beam method using FEI Helios Dual Beam SEM/FIB Nanofactory. The mushroom type MDs having diameters of 2–4 μ m (see scanning electron microscopy image in Fig. 1(b)) were fabricated by optical photolithography and wet selective chemical etching using HCl, H₃PO₄: CH₃COOH.

Photoluminescence (PL) spectra were excited by a continuous-wave (CW) solid state ($\lambda = 532$ nm) or by a pulsed ($\lambda = 635$ nm, frequency 50 MHz) laser and measured using a standard variable temperature μ -PL set up having a single-photon correlation capability.³⁰ The optical power on the sample was regulated by a set of neutral density filters.

In the cross-section TEM images (see Fig. 1(a)), the InP deposit in the MD structure is seen as a white broken stripe having a thickness of ~ 2 nm, which represents the nanopan-cake (NPC) shape QDs having a density of $\sim 5 \times 10^9$ cm⁻² and a lateral size of ~ 50 nm (see the high resolution image in the inset). The thickness and the lateral size of capped dots decrease, while the density increases compared to uncapped samples.²⁷ From TEM data presented in the [supplementary materials](#), we found that in the structures having thin caps, the QDs were only slightly modified and had slightly reduced height (down to 5 nm from ~ 8 nm in uncapped samples) and increased size (up to 300 nm). This indicates some form of

“melting” of these NPC QDs and a planarization of the InP deposit induced by capping, at least with the here discussed growth conditions, with non-continuous areas of a “wetting layer” like structure too.³¹

In low-temperature (10 K) PL spectra of unprocessed planar MD structures, we observed emission bands from the NPC-QD ensemble at 940 nm, from the InP substrate at ~ 875 nm, from the InP-AlInAs interface at ~ 1000 nm,^{28,29} and from AlInAs at 810 nm. We also observed a feature around 860 nm, which could be possibly linked to unaffected (non-arsenised) InP nanostructures, even if it is not fully clear at this stage. The QD band can be hardly distinguished from the InP-AlInAs interface band, as the latter is broad and has an order of magnitude stronger intensity. On the other hand, the interface band is strongly inhibited in MDs due to the mushroom shape and processing, and the QD band in MDs can be clearly resolved. Noticeably, when the pumping power density is increased, the InP-AlInAs interface band shows a strong blue shift as expected for a type-II band alignment, while the QD band does not, indicating a possible type-I band alignment. The type-I band alignment is also consistent with the 1.4 ns emission decay lifetime³² of QDs (see the left inset in Fig. 2(a)), measured at 940 nm. We should point out, however, that the emission decay has also a weak 5 ns component, which is related to the hole states

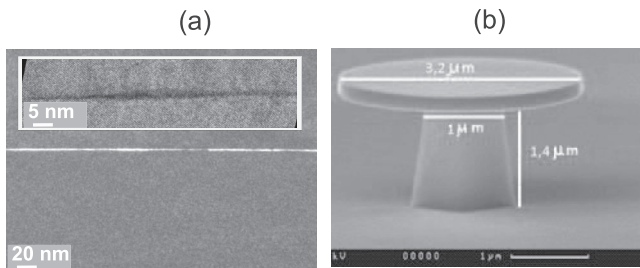


FIG. 1. Cross-section transmission microscopy images (the inset is of high resolution) of an InP(As)/AlInAs QD in a MD structure (a) and scanning electron microscopic image of AlInAs microdisk (b).

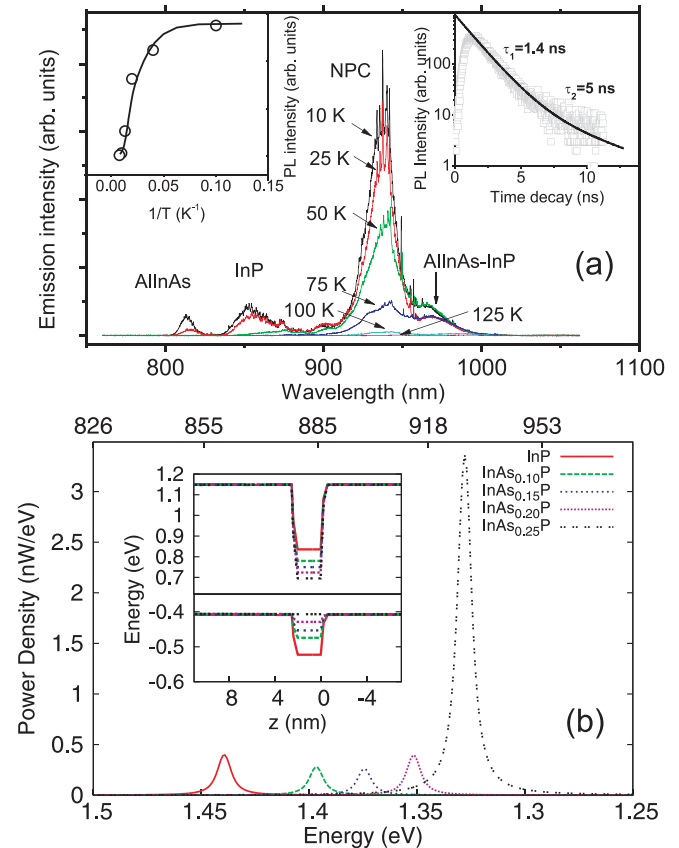


FIG. 2. Experimental (a) and calculated (b) emission spectra of InP(As)/AlInAs NPC-QD structures. Insets in (a) are the intensity of a representative QD band peak versus temperature—left and versus time—right; dots—experiment, curve—fit (see text). Spectra in (a) are for $T = 10, 25, 50, 75, 100$, and 125 K; spectra in (b) are for As composition of $x = 0, 0.05, 0.1, 0.15, 0.2$, and 0.25 . Inset in (b) shows conduction and valence band potential along the vertical direction.

localized at the edge of the dot and to the dots having smaller As content. In Fig. 2(a), we plotted the PL spectra of a 4 μm diameter MD at $T = 10, 25, 50, 75, 100$, and 125 K under CW excitation. It is seen that when the temperature is increased, the QD band is strongly quenched—its intensity drops by two orders of magnitude in the temperature range of 10–100 K, and it disappears in the PL spectra at $T > 120$ K. The measured intensity versus temperature is plotted in the inset of Fig. 2(a) on a logarithmic scale versus reciprocal temperature (Arrhenius plot) and fitted by an expression describing the thermal activation of i non-radiative channels having activation energies E_i and capture times τ_i ³³

$$I_{PL}(T) = I_0 \left[1 + \sum_i \frac{\tau_0}{\tau_i} e^{-E_i/kT} \right]^{-1}, \quad (1)$$

where $\tau_0 = 1.4$ ns is the radiative life-time. The fit gives two quenching states having $E_i = 7$ and 40 meV and $\tau_i = 280$ and 0.5 ps, which are responsible for the PL intensity decrease in the range below and above 100 K, respectively. The obtained E_i values correspond well to exciton binding energies in QDs³⁴ and heavy-light hole splitting;³⁵ we can then infer that the strong temperature quenching of the emission of QDs is related to an exciton decomposition process.

The observed type-I exciton emission of QDs is an indication of P-As intermixing, which we modelled using band structure calculations in the framework of a three-dimensional 8-band k-p model.³⁶ An 8×8 effective-mass Hamiltonian has been implemented according to Foreman's application of Burt's exact envelope function theory to planar heterostructures.^{37,38} The electromechanical field (Strain and Piezoelectric fields) have been calculated by a fully coupled continuum model, described in detail in Ref. 39. Piezoelectric and strain fields have been included in k-p via deformation potentials⁴⁰ with parameters derived from Refs. 41 and 42.

Optical transitions have been calculated by Fermi's Golden Rule where the coupling matrices have been computed in the dipole approximation, evaluating the dipole matrix elements. The matrix elements are computed in the Heisenberg representation from the momentum matrix elements.⁴³ All simulations have been implemented and solved using the TiberCAD simulator.⁴⁴ In our calculations, we simulated five different As contents, x , in the QDs— $x = 0, 0.10, 0.15, 0.20$, and 0.25. The average concentration within the dot has been considered in the context of a continuous model, without considering any As local fluctuations.⁴⁵ Concerning the shape of the dot, we opted for a cylinder with a radius of 50 nm and a height of 2 nm. The results of calculations of the optical transition strength together with conduction and valence band vertical potential distributions presented in Fig. 2(b) reveal transition from a type-II to type-I band alignment at $x = 0.25$, which results in an order of magnitude increase in the emission intensity. The emission wavelength gradually increases from 860 to 935 nm when x changes from 0 to 0.25, reaching the experimentally observed values. Interestingly for the structures having thin cap, the QD emission band is observed at 810–910 nm (see supplementary material), which indicates $x \sim 0.1$, i.e.,

smaller intermixing. Due to a nearly flat valence band, the hole is nearly free at $x = 0.25$ (see supplementary material), and type-I band alignment is indeed enhanced by the Coulomb interaction, i.e., the formation of an exciton (see Ref. 32).

The emission spectrum of QDs in MDs at low pumping power density reveals few sharp lines and peaks, related to a WGM, superimposed on the background QD ensemble band. For MD presented in Fig. 3(a), the emission spectrum taken at 20 W/cm² average pulse excitation power contains at least five WGMs observed at 920.0, 921.6, 923.6, 931, and 938.7 nm, and the background band has nearly two time larger peak intensity than WGMs. A full width at half maximum (FWHM) of WGMs has values in the range of 0.2–1 nm. Our calculations using the COMSOL Multiphysics program⁴⁶ have shown (see details in supplementary material) that the sharpest line observed at 931 nm can be attributed to TE_{28,1,1} and that the free spectral range for this MD is 26.6 nm.

Using time resolved experiments, we obtained (see supplementary material) that the emission decay of the WGM lines (1.0 ns) is faster than that of the ensemble band (1.5 ns), which is an indication that it results from a modification of the photon density of states induced by the cavity, i.e., what is known as Purcell effect.⁴⁷ Thus, we can estimate the spontaneous emission fraction that is coupled into the mode, which, according to Ref. 48, is $\beta = 1 - \tau_{\text{cav}}/\tau_{\text{free}}$, where τ_{cav} and τ_{free} are the emission decay times into the mode and into free space, respectively. This gives β equal to 0.2.

At high pumping power density (see spectra for $P = 230$ W/cm² in Fig. 3(b)), we observed a two orders of magnitude increase in the emission intensity of TE_{28,1,1} mode, from two to five times increase of other WGMs and no changes of emission intensity of background ensemble band, which manifests into clear lasing.

The dependence of the mode intensity on the input power density is plotted in Fig. 4(a) in the double logarithmic scale and shows a weak bending near 50 W/cm², indicating lasing effect. Such dependence is typical for microlasers having small modal volume.⁴⁹ For CW excitation, this

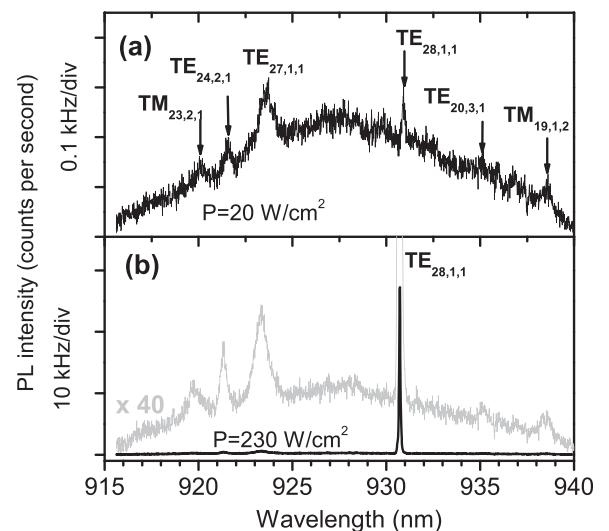


FIG. 3. μ -PL spectra taken under pulse excitation of a representative InP(As)/AlInAs microdisk (diameter 3.2 μm) for power density 20 and 230 W/cm² for (a) and (b), respectively.

dependence can be described by the expression from Ref. 49,

$$I(p) = \frac{q\gamma}{\beta} \left[\frac{p}{p+1} (1 + \xi)(1 + \beta p) - \xi\beta p \right], \quad (2)$$

where I is the excitation current, p is the number of photons in the mode, q is electron charge, γ is the cavity decay rate, β is the spontaneous emission coupling coefficient, and ξ is the ratio of spontaneous photon emission into the lasing mode and the cavity decay rate. It is defined as $\xi = N_0\beta V/\gamma\tau_{sp}$, where N_0 is the transparency carrier concentration of the gain material, V is the volume of active material, and τ_{sp} is the spontaneous lifetime of the active material. For optical excitation, I corresponds to the pumping power and p is proportional to the output intensity. We used this expression to fit our data in Fig. 4(a) accounting for the fact that the solution of rate equations of Ref. 49 for pulse excitation can be approximated by expression (2), assuming quasi-CW conditions during a single pump-emission event. This implies constant values of carrier density and photon number during the emission decay time under the condition of conservation of their total number. Varying β near the value of 0.2, obtained from time resolved measurements, we found $\beta = 0.25$ and $\xi = 8$ using expression (2) to fit the experimental data in Fig. 4(a).

The threshold power $P_{th} \sim 50 \text{ W/cm}^2$ was estimated using an onset of a slope changing of the output-input curve.

The transition to lasing regime is accompanied by double the decrease of the FWHM of the mode line (see Fig. 4(b)). The saturation point of FWHM decrease ($\sim 60 \text{ W/cm}^2$),

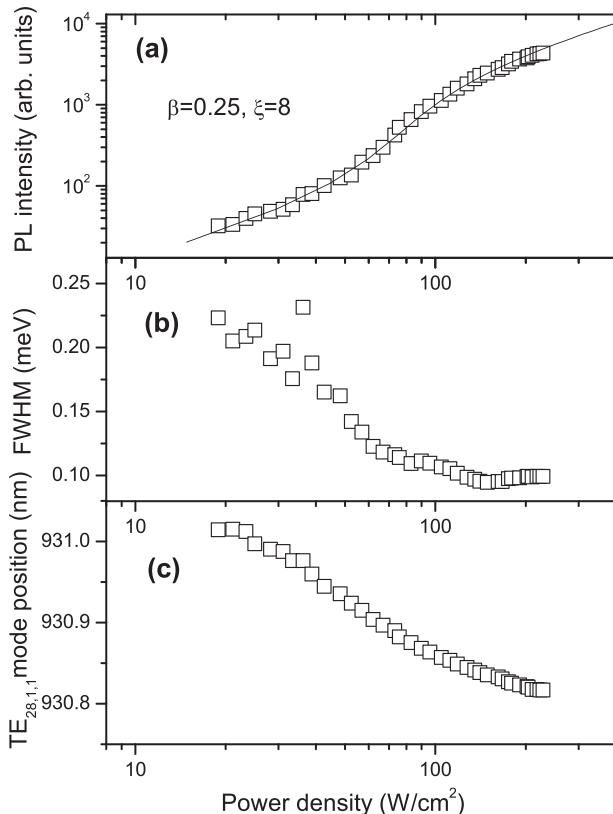


FIG. 4. Power density dependence of TE_{28,1,1} mode intensity (a), half-width—FWHM (b), and emission wavelength (position) (c).

shown in Fig. 4(b), is in a good agreement with a P_{th} value obtained from the input-output curve. The quality factor obtained above threshold for this MD is $Q \sim 10\,000$. The largest Q observed using different MDs is 13 000.

In the [supplementary material](#), we also presented measurements of the second-order correlation function $g^2(0) = 1.01 \pm 0.02$ which, ideally, represents the expected coherent light emission, but this interpretation needs further investigations.

Increasing the pump power results also in a blue shift of the mode position (Fig. 4(c)), which indicates a decrease in the index of refraction induced by the electron-hole/exciton gas.⁵⁰ We should point out that the measured P_{th} and β of our AlInAs MDs with InP(As) NPC-QDs are similar to that measured for GaInP MDs with self-organized InP QDs in Ref. 26.

In conclusion, we investigated structural, emission, and lasing properties of strain-free InP(As)/AlInAs QDs embedded in AlInAs MDs. We found that in MD structures, these QD nanostructures have height $\sim 2 \text{ nm}$, lateral size $20\text{--}50 \text{ nm}$, and density $\sim 5 \times 10^9 \text{ cm}^{-2}$. The emission wavelength of these QDs at $T = 10 \text{ K}$ is $\sim 940 \text{ nm}$ and has type-I character, which according to band structure calculations, corresponds to an As content of 0.25. The emission of QDs has strong temperature quenching due to exciton decomposition (activation energy of 7 meV). In AlInAs microdisk cavity, having $Q \sim 10\,000$ we observed lasing of InP(As) QDs into whispering gallery modes having threshold of $\sim 50 \text{ W/cm}^2$ and spontaneous emission coupling coefficient of ~ 0.2 .

See [supplementary materials](#) for data on the structure having thin cap layer, calculation of electron and hole wave functions, identification of modes in the microdisk, the Purcell effect, and the second-order coherence function $g^2(0)$ measurements.

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